

# Nonviolent Crisis Prevention Training

## Initial

## Trauma-Informed Care Refresher

**August 1, 2017 ~ 8:30 am-3:30 pm**

**Summary:** This training is designed to assist participants in developing techniques to deal safely with challenging behaviors of students and to de-escalate a crisis. The course offers nonverbal, verbal, and physical methods that research has proven to be effective in schools across the country. Participants will receive certification for one year.

**Objectives for all participants:**

- Learn to recognize signs of anxiety and pending disruption.
- Learn nonverbal and verbal de-escalation techniques.
- Develop knowledge and confidence in dealing with disruptive individuals.
- Learn personal safety tips/techniques in dealing with physically aggressive students.
- Learn techniques in nonviolent physical crisis intervention using a team approach.
- Gain certification in nonviolent techniques to increase confidence level and expertise in dealing with crisis situations.

**Instructor:** Misti Trowbridge, CESA 10

**Cost:** No charge to CESA 10 CSPD member school districts; \$100.00 to non-member districts.

**August 2, 2017 ~ 8:30 am-12:30 pm**

**Summary:** This refresher course is for people who have been previously (within the last three years) certified by the Crisis Prevention Institute. The course reviews nonverbal, verbal, and physical techniques to use safely in a crisis situation and offers recertification for one year. This refresher option gives your staff the skills, knowledge, and insight to better support individuals who have been impacted by psychological trauma. The content focuses on trauma's influence on behavior and offers strategies and staff approaches to promote a trauma-informed and person-centered culture of care.

**Objectives for all participants:**

- Learn to recognize signs of anxiety and pending disruption.
- Learn nonverbal and verbal de-escalation techniques.
- Develop knowledge and confidence in dealing with disruptive individuals.
- Learn personal safety tips/techniques in dealing with physically aggressive students.
- Learn techniques in nonviolent physical crisis intervention using a team approach.
- Gain recertification in nonviolent techniques to increase confidence level and expertise in dealing with crisis situations.

**Instructor:** Misti Trowbridge, CESA 10

**Cost:** No charge to CESA 10 CSPD member school districts; \$100.00 to non-member districts.

**CSPD Member Districts**

Augusta	Bloomer
Bruce	Cadott
Flambeau	Gilman
Gilmanton	Granton
Greenwood	Lake Holcombe
Loyal	Neillsville
New Auburn	Osseo-Fairchild
Owen-Withee	Thorpe

## Registration Information

**Target Audience:** Special and General Education Teachers, Counselors, School Psychologists, Principals, Paraprofessionals

**To register,** contact Shari Owen at [sowen@cesa10.k12.wi.us](mailto:sowen@cesa10.k12.wi.us) or by phone at 715-720-2060. You can also register via the MyQuickReg (<http://www.myquickreg.com>).